

RESULTS OF WP YOUTH CHAMPIONSHIPS

BELLVILLE

2-4 March 2006

Results supplied by Western Province Athletics

www.wpa.org.za

Weather conditions:

Track surface: Regupol

Entries: men 266 and women 224.

No electronic timing on 2 March due to power failure.

Youth = u18 or born 1989 or 1990.

BOYS

2 March 2006

					Wind	Comment
Hammer	1	Stephan Kleyn	NZ	46.29m		44.21; 45.56; 46.29; 42.57; 45.38; 45.44
	2	Micqel Le Roux	NZ	46.10m		46.10; 44.62; 42.17; 44.43; x; x
	3	Hendrik Louw	NZ	38.17m		38.17; 37.54; 37.28; x; 33.27; x
	4	Shaun Mcdonald	NZ	36.72m		33.85; 35.78; x; 36.72; x; 35.43
	5	CD Groenewald	NZ	31.73m		31.73; x; 28.24; x; x; 26.56
	0	Renier Gildenhuis	NZ	DNS		
	0	Wesley Henry	NZ	DNS		
	0	Frikkie Van Der Merwe	NZ	DNS		

3 March 2006

					Wind	Comment
100m Final	1	Julian Karolus	NZ	11.04	0.1	
	2	Heinrich Ruiters	NZ	11.22		
	3	A Moses	TBZ	11.27		
	4	R Engel	TBZ	11.28		
	5	Brent Stevens	BAK	11.32		
	6	L Caledon	TBZ	11.42		
	7	R Wyngaardt	NZ	11.54		
	8	Chad Foulman	NZ	11.54		
	9	C Lodewyk	TBZ	.11.57		
	10	Lee-Avin Speelman	NZ	11.83		
100m Heat 1	1	A Moses	TBZ	11.41	-0.1	
	2	Brent Stevens	BAK	11.51		
	3	C Lodewyk	TBZ	11.51		
	4	Anton Van Schoor	NZ	11.78		
	5	J Miller	SZ&FBZ	11.79		
	6	Sermon James	SZ&FBZ	11.85		
	7	C Maloi	SZ&FBZ	12.19		
		Jody Isaacs	UWC	DNS		
100m Heat 2	1	Julian Karolus	NZ	11.12	0.3	
	2	Heinrich Ruiters	NZ	11.37		
	3	R Wyngaardt	NZ	11.49		
	4	Raymon Jonas	SZ&FBZ	11.87		
	5	Wesley Rushin	SZ&FBZ	11.90		
	6	Z Davids	SZ&FBZ	12.00		
	7	Mark Martin	SZ&FBZ	12.12		

	8	D Hendricks	SZ&FBZ	12.30	
100m Heat 3	1	R Engel	TBZ	11.33	-0.3
	2	L Caledon	TBZ	11.55	
	3	Chad Foulman	NZ	11.55	
	4	Lee-Avin Speelman	NZ	11.65	
	5	N Hermans	SZ&FBZ	11.95	
	0	Ross Jansen	SZ&FBZ	DNS	
	0	Mbuyiselo Miller	SZ&FBZ	DNS	
	0	D Jacobs	SZ&FBZ	DNS	
110mH Final	1	James Jagers	NZ	13.98	-0.3
	2	Ryan Nel	NZ	14.35	
	3	Gary Morris	NZ	14.98	
	4	Ruan Eygelaar	NZ	15.10	
	5	S Stephen	TBZ	15.47	
	6	Ramalia Mongena	NZ	15.75	
	7	Ighsaan Nazier	SZ&FBZ	15.95	
	8	Showin Reynecke	SZ&FBZ	17.89	
	0	Kurt Galandt	NZ	DQ	
	0	Amier Isaacs	SZ&FBZ	DNS	
110mH Heat 1	1	James Jagers	NZ	14.04	1.2
	2	Ruan Eygelaar	NZ	15.22	
	3	Gary Morris	NZ	15.23	
	4	Kurt Galandt	NZ	16.82	
	5	Showin Reynecke	SZ&FBZ	17.10	
	6	Bhoteke Mbombi	SZ&FBZ	18.10	
	7	Marvin Daniels	SZ&FBZ	18.96	
	8	Shaheed Mobarra	SZ&FBZ	21.39	
	0	Robin February	UWC	DNF	
	0	H Mintoor	SZ&FBZ	DNS	
110mH Heat 2	1	Ryan Nel	NZ	14.59	2.5
	2	S Stephen	TBZ	15.51	
	3	Ramalia Mongena	NZ	15.64	
	4	Ighsaan Nazier	SZ&FBZ	15.74	
	5	Amier Isaacs	SZ&FBZ	17.91	
	6	Lesley Francis	SZ&FBZ	18.37	
	7	J Mbulawa	TBZ	20.61	
	8	S Mabuto	TBZ	22.74	
	0	C Maloi	SZ&FBZ	DNF	
1500 Final	1	Virgina Ngudlumane	SZ&FBZ	3:58.8	
	2	Raaghib Fredericks	NZ	4:00.6	
	3	Musa Solwandze	FBZ	4:09.5	
	4	Cornelus Roets	NZ	4:12.2	
	5	S Ntamo	SZ&FBZ	4:15.8	
	6	Dimitri Witbooi	LIB.NIKE	4:18.4	
	7	Thobelani Mangquma	NZ	4:52.2	
	8	T Ntshinga	SZ&FBZ	4:28.2	
	0	T Zwele	SZ&FBZ	DNF	
	0	M Mdutyana	TBZ	DNF	

	0	Gulliano Schmeltzer	SZ&FBZ	DNF
	0	Shaun Zuzani	SZ&FBZ	DNF
1500 Heat 1	1	Virgina Ngudlumane	SZ&FBZ	4:02.72
	2	Solwandle Musa	FBZ	4:15.11
	2	Musa Solwandze	FBZ	4:15.11
	3	Raaghib Fredericks	NZ	4:17.53
	4	Dimitri Witbooi	LIB.NIKE	4:18.58
	5	Thobelani Mangquma	NZ	4:18.77
	6	Cornelus Roets	NZ	4:20.07
	7	Gulliano Schmeltzer	SZ&FBZ	4:28.43
	8	M Mdutyana	TBZ	4:33.26
	9	Eric Mdoda	NZ	4:48.71
	0	Theodore Goliath	SZ&FBZ	DNF
	0	P Sigiba	SZ&FBZ	DNF
	0	D Golding	TBZ	DNS
	0	Andile Mabala	ADIDAS	DNS
1500 Heat 2	1	T Ntshinga	SZ&FBZ	4:13.10
	2	S Ntamo	SZ&FBZ	4:13.43
	3	Shaun Zuzani	SZ&FBZ	4:13.48
	4	T Zwele	SZ&FBZ	4:23.95
	5	Lance Philander	SZ&FBZ	4:43.12
	6	R Yila	TBZ	4:43.56
	7	D Smith	TBZ	5:01.31
	0	Jean-Pierre Abrahams	NZ	DNS
	0	Senilizwe Vumazonke	SZ&FBZ	DNS
	0	Antonio Wessels	UWC	DNS
	0	Gielie Eksteen	NZ	DNS
	0	Z Sedick	SZ&FBZ	DNS
	0	Damilee Kortjie	EERSTERV	DNS
400m Final	1	Valentino Nomdoe	NZ	50.68
	2	Waldo Prinsloo	NZ	51.12
	3	Elton Swarts	NZ	51.92
	4	Darren Rhooode	SZ&FBZ	52.81
	5	Chad February	SZ&FBZ	53.08
	6	R Prince	SZ&FBZ	53.16
	7	Dwight Morgandal	NZ	54.17
	8	Z Mboyisie	SZ&FBZ	55.37
400m Heat 1	1	Elton Swarts	NZ	53.40
	2	Chad February	SZ&FBZ	54.05
	3	R Adamson	TBZ	55.10
	4	Werner Van Zyl	NZ	57.05
	5	D Wakens	TBZ	58.12
	0	E Abrahams	SZ&FBZ	DNF
	0	Jacques Muller	BAK	DNS
400m Heat 2	1	Z Mboyisie	SZ&FBZ	54.35

	2	Daniel Benjamin	SZ&FBZ	54.43	
	3	Jason Nigel	SZ&FBZ	54.82	
	4	B Blankenberg	TBZ	56.98	
	5	Masande Mjijima	SZ&FBZ	58.80	
	0	S Mafuna	SZ&FBZ	DNS	
	0	Miguel Nunes	TYG-NLK	DNS	
400m Heat 3	1	Waldo Prinsloo	NZ	52.47	
	2	Darren Rhoode	SZ&FBZ	53.64	
	3	Dwight Morgandal	NZ	53.88	
	4	Ryan Matroos	NZ	54.25	
	5	Marvin Dearham	SZ&FBZ	56.41	
	0	Robin February	UWC	DNS	
400m Heat 4	1	Valentino Nomdoe	NZ	51.35	
	2	R Prince	SZ&FBZ	53.46	
	3	W Croy	TBZ	55.22	
	4	M Mdutyana	TBZ	55.63	
	0	Khaya Burwana	SZ&FBZ	DNS	
	0	P Solomons	SZ&FBZ	DNS	
Javelin	1	Ulrich Damon	NZ	63.15m	63.15; x; 60.16; 62.56; x; 60.90
	2	H Van Eerden	TBZ	56.66m	54.69; 53.55; 54.02; x; 56.53; 55.00
	3	Zach De Wet	NZ	56.48m	56.48; 50.65; 52.09; 53.70; 53.13; x
	4	Morne Klopper	NZ	53.48m	53.15; 53.48; 53.20; 49.73; x; 51.25
	5	Christo De Beer	NZ	46.89m	46.89; 48.04; 39.13; x; 44.95; x
	6	S Van Niekerk	TBZ	45.16m	45.16; 40.09; 39.62; 41.55; 40.76; x
	7	Wilco Hall	NZ	45.07m	42.92; x; 40.38; 45.67; x; x
	8	Bernard Vermeulen	NZ	44.92m	44.92; 41.71; x; 40.72; 42.30; x
	9	Marshall Mahoney	SZ&FBZ	40.65m	36.18; 36.99; 40.65
	10	J Le Roux	TBZ	39.28m	35.67; 39.28; x
	11	J Dunn	TBZ	38.91m	x; x; 38.91
	12	Nabier Mohammad	SZ&FBZ	38.56m	37.07; 35.35; 38.56
	13	Tasleem Davids	SZ&FBZ	35.99m	28.76; 25.35; 35.99
	14	A Martin	SZ&FBZ	35.13m	31.45; 35.13; 33.98
	15	S Bhebhe	SZ&FBZ	34.86m	34.86; 30.94; -
	16	Jarred Barley	SZ&FBZ	33.97m	33.97; x; x
	17	A Martin Ca	SZ&FBZ	33.84m	33.84; x; -
	18	Lucin Petersen	SZ&FBZ	33.57m	33.57; x; -
	19	Bonga Magwevu	SZ&FBZ	31.54m	31.54; -; x
	0	Kyle Bernado	SZ&FBZ	ND	x; x; x
	0	T Green	SZ&FBZ	DNS	-
	0	Z Davids	SZ&FBZ	DNS	
Shot Put	1	Shaun Mcdonald	NZ	14.42m	13.62; 14.42; x; 14.23; 13.92; 13.95
	2	Damien Ceylon	NZ	14.01m	14.01; x; 13.60; 13.31; x; 13.23
	4	Trevino Abrahams	SZ&FBZ	13.14m	13.14; 12.74; 11.95; 12.41; 12.58; 12.68
	5	Stephan Kleyn	NZ	13.11m	11.99; 12.49; 13.11; 12.28; 12.42; 12.19
	6	D Dunn	TBZ	12.32m	11.49; 11.57; 11.98; 12.32; 10.11; 12.00
	7	Tarrick Rodgers	NZ	12.18m	10.98; 12.18; 11.92; 12.00; 11.94; 11.60

8	C Clarke	SZ&FBZ	12.17m	x; 11.36; 12.17; 11.41; 11.35; 10.88
9	Kyle Bernado	SZ&FBZ	11.61m	11.61; 11.33; 10.69
10	Ashley Jacobs	NZ	11.37m	11.37; 11.09; 10.11
11	Cheslyn Peterson	NZ	11.30m	10.96; 11.25; 11.30
12	A Ganief	TBZ	11.20m	9.93; 9.82; 11.20
13	G Ohlson	SZ&FBZ	10.38m	10.38; 10.20; 10.35
14	Igshaan Nazier	SZ&FBZ	10.33m	9.46; x; 10.33
15	N Bewee	SZ&FBZ	9.87m	9.31; 9.59; 9.87
0	Preston Hess	SZ&FBZ	DNS	
0	Richard Rothwell	SZ&FBZ	DNS	
0	S Ariefdien	SZ&FBZ	DNS	
0	K Uys	TBZ	DNS	
0	T Fortuin	SZ&FBZ	DNS	
0	Brian Johnson	SZ&FBZ	DNS	
0	T Zimrie	TBZ	DNS	
0	Wiehan Havenga	BAK	DNS	
0	Christopher Mulder	SZ&FBZ	DNS	

Triple Jump	1	Rafiq Esburg	SZ&FBZ	12.96m	-0.7	12.96(-0.7); 12.95(-1.6); 12.77(1.4); 12.79(0.4); 12.08(-1.1); 12.96(2.1)
	2	Anton Ehlers	NZ	12.92m	1.5	12.19(2.5); 12.92(1.5); 12.62(2.5); x; 12.51(0.0); x
	3	M Sedick	TBZ	12.88m	2.6	12.30(0.2); 12.75(0.8); 12.88(2.6); 11.72(-1.2); 12.44(2.3); 12.80(1.6)
	4	A Diedericks	SZ&FBZ	12.86m	-2.0	12.86(-2.0); 12.24(-1.0); 11.80(1.1); x; x; 12.49(1.5)
	5	Benedict Salomo	NZ	12.79m	-2.7	12.12(1.5); 12.10(-0.3); 12.62(0.4); x; 12.79(-2.7); 12.69(2.2)
	6	Shane Kets	NZ	12.78m	1.2	12.15(-0.2); 12.52(1.6); 12.38(0.2); 11.71(-0.7); 12.31(0.7); 12.78(1.2)
	7	Grifit Arnold	SZ&FBZ	12.76m	1.5	12.38(1.4); x; 11.74(-0.2); 11.95(-2.5); x; 12.76(1.5)
	8	M Accom	SZ&FBZ	12.68m	3.5	12.38(0.3); 12.52(1.5); 12.68(3.5); x; x; 12.60(1.4)
	9	Elroy Arendse	SZ&FBZ	12.34m	-0.9	x; 12.34(-0.9); 12.28(1.3)
	10	Gary Morris	NZ	12.15m	1.7	11.64(-1.0); 11.83(1.2); 12.15(1.7)
	11	Gilles Allies	NZ	12.15m	3.0	12.15(3.0); x; x
	12	Wayne Stone	NZ	12.09m	-0.3	12.09(-0.3); x; 11.70(1.0)
	13	K Lemmetjies	TBZ	11.89m	2.1	11.43(0.2); 11.89(2.1); 11.74(2.6)
	14	Brian Ford	SZ&FBZ	11.86m	-1.0	11.86(-1.0); x; 11.82(2.0)
	15	Jacques Muller	BAK	11.80m	-1.4	11.41(0.4); 11.26(1.1); 11.80(-1.4)
	16	A Moses	TBZ	11.79m	2.1	11.23(-1.0); 11.79(2.1); x
	17	Reagon Wesso	SZ&FBZ	11.14m	0.8	x; 11.14(0.8); x
0	Clint Whiteboy	SZ&FBZ	DNS			
0	Nazier Veldsman	SZ&FBZ	DNS			
0	M Railoun	TBZ	DNS			
0	M Teza	SZ&FBZ	DNS			

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				Wind	Comment
10km Walk	1	Armond Nel	NZ	53:29.0	
	2	Duren Jacobs	NZ	66:47.0	
	3	Elrico Peterson	NZ	67:45.5	
	0	Genevieve Kleinsmidt	SZ&FBZ	DNS	
	0	Duran Titus	NZ	DQ	
	0	Naigel Coleman	NZ	DNS	

	0	Nizel Wandery	NZ	DNF	
2000mSC	1	Virgina Ngudlumane	SZ&FBZ	5:53.08	
	2	Melvin Conradie	NZ	6:18.41	
	3	Ntando Mfiki	SZ&FBZ	6:31.46	
	4	Regenald Campher	NZ	6:33.65	
	5	Alex Ferreira	NZ	6:40.41	
	6	Curtley Smythe	NZ	6:51.78	
	7	Alberto Muana-Visi	SZ&FBZ	6:56.44	
	8	Elvis Louw	SZ&FBZ	6:55.57	
	9	Khanyiso Xotongo	SZ&FBZ	7:18.61	
	10	W Bekker	SZ&FBZ	7:54.58	
	11	Keenan Stevens	SZ&FBZ	8:07.91	
	0	Thabiso Melani	SZ&FBZ	DNS	
	0	Nickie Kouter	NZ	DNS	
	0	Johnetin Orris	NZ	DNS	
200m Final	1	Valentino Nomdoe	NZ	22.91	1.1
	2	L Caledon	TBZ	22.63	
	3	Chad Foulman	NZ	22.46	
	4	A Moses	TBZ	22.50	
	5	R Engel	TBZ	22.56	
	6	C Lodewyk	TBZ	23.36	
	7	Heinrich Ruiters	NZ	22.75	
	8	N Hermans	SZ&FBZ	DNS	
200m Heat 1	1	R Engel	TBZ	22.87	nwr
	2	Valentino Nomdoe	NZ	23.19	
	3	N Hermans	SZ&FBZ	23.43	
	4	Sermon James	SZ&FBZ	23.48	
	5	Mikhale Doose	NZ	24.28	
	0	Brent Stevens	BAK	DNS	
	0	D Jacobs	SZ&FBZ	DNS	
200m Heat 2	1	A Moses	TBZ	22.93	0.5
	2	L Caledon	TBZ	22.95	
	3	Miguel Nunes	TYG-NLK	23.56	
	4	D Rhoda	SZ&FBZ	24.07	
	5	C February	SZ&FBZ	24.14	
	0	Ryan Matroos	UWC	DNS	
200m Heat 3	1	C Lodewyk	TBZ	23.57	-0.1
	2	Shane Kets	NZ	23.90	
	3	A Adams	SZ&FBZ	24.15	
	4	Bhoteke Mbombi	SZ&FBZ	24.48	
	0	Jody Isaacs	UWC	DNS	
	0	Jason Nigel	SZ&FBZ	DNS	
200m Heat 4	1	Chad Foulman	NZ	22.99	-0.7
	2	Heinrich Ruiters	NZ	23.08	
	3	Raymon Jonas	SZ&FBZ	23.77	
	4	Fagrie Adams	SZ&FBZ	24.14	
	5	D Hendricks	SZ&FBZ	25.06	

	0	Mark Martin	SZ&FBZ	DNS
3000m	1	Shaun Zuzani	SZ&FBZ	8:56.58
	2	S Ntamo	SZ&FBZ	9:02.39
	3	Jean-Pierre Abrahams	NZ	9:09.47
	4	Musa Solwandze	SZ&FBZ	9:23.57
	5	Dimitri Witbooi	LIB.NIKE	9:34.45
	6	Melvin Conradie	NZ	9:38.12
	7	Eric Mdoda	NZ	9:43.42
	8	Andile Mabala	ADIDAS	9:52.46
	9	Jerome Hudson	SZ&FBZ	10:03.23
	10	S Van Der Walt	TBZ	10:05.99
	11	Johnetin Orris	NZ	10:09.95
	12	G Nelson	TBZ	10:30.55
	0	A Qumza	TBZ	DNF
	0	Alex Ferreira	NZ	DNF
	0	Ntando Mfiki	SZ&FBZ	DNF
	0	T Ntshinga	SZ&FBZ	DNF
	0	Y Kidwa	SZ&FBZ	DNS
	0	Alberto Muana-Visi	SZ&FBZ	DNS
	0	Gershwin Visagie	SZ&FBZ	DNS
	0	Senilizwe Vumazonke	SZ&FBZ	DNS
	0	G Malan	SZ&FBZ	DNS
	0	Raaghib Fredericks	NZ	DNS
	0	T Atson	TBZ	DNS
	0	D Bailey	SZ&FBZ	DNS
400mH Final	1	Ryan Nel	NZ	54.68
	2	Niel le Roux	NZ	55.99
	3	Ruan Eygelaar	NZ	56.72
	4	Gary Morris	NZ	57.80
	5	Kurt Galandt	NZ	58.03
	6	Antonio Alkana	NZ	60.89
	0	Jonathan de Freitas	Bell	DNS
	0	W Phefyr	TBZ	DNS
400mH Heat 1	1	Neil Le Roux	NZ	56.37
	2	Kurt Galandt	NZ	58.55
	3	Antonio Alkana	NZ	62.28
	4	W Phefyr	TBZ	64.13
	5	X Nombombo	TBZ	67.73
	0	Z Prins	TBZ	DNS
400mH Heat 2	1	Ryan Nel	NZ	55.42
	2	Ruan Eygelaar	NZ	58.17
	3	Gary Morris	NZ	59.25
	4	Jonathan De Freitas	BAK	61.62
	5	Y Msila	TBZ	69.30
800m Final	1	Raaghib Fredericks	NZ	1:57.40

2	Waldo Prinsloo	NZ	1:58.02
3	Z Mboyisie	SZ&FBZ	1:58.83
4	Claude Opper	NZ	2:00.02
5	Cornelius Roets	NZ	2:00.43
6	R Golding	TBZ	2:01.34
7	J Swart	TBZ	2:14.48
8	M Mdutyana	TBZ	2:15.23
9	R Yila	TBZ	NT
	Damilee Kortje	NZ	DNS

800m Heat 1

1	Z Mboyisie	SZ&FBZ	2:02.31
3	Claude Opper	NZ	2:02.8
3	M Mdutyana	TBZ	2:03.07
4	D Golding	TBZ	2:03.60
5	Brian Johnson	SZ&FBZ	2:08.05
6	Samkile Nani	SZ&FBZ	2:11.68
7	Lance Philander	SZ&FBZ	2:13.51
8	J Swart	TBZ	2:17.49
0	E Abrahams	SZ&FBZ	DNF
0	N Khuze	SZ&FBZ	DNS
0	Elton Swarts	NZ	DNS
0	Kevin Claase	SZ&FBZ	DNS
0	Klyde Gimpies	SZ&FBZ	DNS

Qualifies for final ito Rule 163.2

800m Heat 2

1	Cornelius Roets	NZ	2:00.03
2	Antonio Wessels	UWC	2:00.13
3	R Yila	TBZ	2:01.44
4	Raaghib Fredericks	NZ	2:01.45
5	Owen Crowley	SZ&FBZ	2:13.71
6	Xolani Ngqongwa	SZ&FBZ	2:15.06
7	Damilee Kortjie	NZ	2:15.23
0	Waldo Prinsloo	NZ	DNS
0	Lance Anthonie	EAC	DNS
0	E Fredericks	SZ&FBZ	DNS
0	Masilake Mandlana	SZ&FBZ	DNS
0	U Adams	SZ&FBZ	DNS

Discus

1	Damien Ceylon	NZ	46.99m	46.88; 44.85; 43.46; 41.14; 44.14; 46.14
2	JP Van Der Watt	NZ	42.30m	38.01; 42.30; 38.57; 38.64; 38.40; 40.65
3	Byron Booyesen	NZ	38.67m	36.61; 36.49; 32.90; 31.66; 38.16; 38.67
4	Riefaat Williams	SZ&FBZ	36.11m	36.11; 33.02; 34.90; x; 35.36; x
5	Wilco Hall	NZ	35.89m	34.03; x; 33.46; x; 35.89; 32.90
6	Marc Hopper	NZ	35.74m	32.51; x; 32.43; 33.66; 22.46; 35.74
7	Igshaan Nazier	SZ&FBZ	35.48m	33.68; 35.48; 34.03; 31.22; 34.20; 30.86
8	Kyle Bernado	SZ&FBZ	33.63m	x; 33.63; x; x; x; x
9	L Zeelie	TBZ	32.58m	31.15; 28.01; 32.58
10	M Scholtz	TBZ	31.03m	x; 28.11; 31.03
11	Romeo Baartman	NZ	30.73m	30.09; x; 30.73
12	M Le Roux	SZ&FBZ	29.11m	x; 29.11; 27.72
13	Jerome Damonse	SZ&FBZ	29.01m	29.01; 27.91; x

14	Luigi Fisher	SZ&FBZ	28.89m	23.61; 25.86; 28.89
15	D Winterbach	TBZ	28.29m	x; x; 28.29
16	J Kitshoff	TBZ	27.64m	25.62; 27.64; 24.28
17	L Tshona	SZ&FBZ	25.40m	25.40; 25.17; 18.61
18	I Barodien	SZ&FBZ	24.51m	19.89; 24.51; x
0	Wiehan Havenga	BAK	DNS	
0	W Sam	SZ&FBZ	DNS	
0	M Malgas	SZ&FBZ	DNS	
0	A Papier	SZ&FBZ	DNS	
0	Richard Rothwell	SZ&FBZ	DNS	

High Jump

1	Terswin Raubenheimer	NZ	1.85m	1.6:o; 1.65:o; 1.7:o; 1.75:o; 1.8:o; 1.85:o ; 1.9:xxx
2	Renier Gildenhuis	NZ	1.85m	1.6:o; 1.65:o; 1.7:o; 1.75:o; 1.8:o; 1.85:xo; 1.9:xxx
3	Aldrin Klaasen	NZ	1.85m	1.6:o; 1.65:o; 1.7:o; 1.75:o; 1.8:o; 1.85:xxo; 1.9:xxx
4	Rafiq Esburg	SZ&FBZ	1.80m	1.7:xxo; 1.75:o; 1.8:o; 1.85:xxx
5	Nathan Skippers	SZ&FBZ	1.80m	1.6:o; 1.65:o; 1.7:o; 1.75:xo; 1.8:xo; 1.85:xxx
6	Raindrin Padayachee	SZ&FBZ	1.80m	1.7:o; 1.75:o; 1.8:xxo; 1.85:xxx
6	Pieter Pretorius	NZ	1.80m	1.65:o; 1.7:o; 1.75:o; 1.8:xxo; 1.85:xxx
8	Jaco Van Wyk	NZ	1.75m	1.65:o; 1.7:o; 1.75:o; 1.8:xxx
9	W Croy	TBZ	1.75m	1.6:o; 1.65:o; 1.7:xo; 1.75:xxo; 1.8:xxx
10	I Brown	TBZ	1.75m	1.6:xo; 1.65:xo; 1.7:xo; 1.75:xo; 1.8:xxx
11	M Sedick	TBZ	1.70m	1.6:o; 1.65:o; 1.7:o; 1.75:xxx
11	Brian Ford	SZ&FBZ	1.70m	1.6:o; 1.65:o; 1.7:o; 1.75:xxx
13	R Bridgens	SZ&FBZ	1.70m	1.6:o; 1.65:xo; 1.7:xxo; 1.75:xxx
0	C Bartus	SZ&FBZ	NH	1.75:xxx
0	S Stephen	TBZ	DNS	
0	Reece February	SZ&FBZ	DNS	
0	R Galant	SZ&FBZ	DNS	
0	Wesley Henry	NZ	DNS	
0	V Fisher	SZ&FBZ	DNS	
0	C Esau	SZ&FBZ	DNS	
0	Pumlani Obangwana	SZ&FBZ	DNS	
0	Lucin Wentzel	SZ&FBZ	DNS	

Long Jump

1	Julian Karolus	NZ	7.04m	-1.3	6.89(-0.1); 6.24(0.3); 6.77(-0.8); 7.04(-1.3); 6.81(-1.2); 6.85(0.0)
2	Brent Stevens	BAK	6.58m	-1.1	x; 6.58(-1.1); x; 6.20(-1.2); x; x
3	N Daniels	TBZ	6.57m	-0.6	6.57(-0.6); x; 4.29(-0.6); -; -; 5.97(3.0)
4	C Johnson	TBZ	6.55m	1.3	x; 6.22(-0.7); 6.55(1.3); 6.44(-1.0); x; x
5	Ryan Baartman	NZ	6.53m	0.0	5.58(1.0); x; 6.53(0.0); 5.71(-0.7); x; 5.82(- 1.5)
6	S Stephen	TBZ	6.52m	0.6	6.52(0.6); 6.32(0.2); 6.34(0.9); x; 6.32(0.4); 6.15(-0.1)
7	Fagrie Adams	SZ&FBZ	6.27m	-0.4	6.15(0.8); 6.12(-0.5); 6.09(1.8); 6.27(-0.4); 6.14(2.1); 6.11(0.6)
8	Benedict Salomo	NZ	6.22m	-0.7	6.22(-0.7); 5.29(-1.0); x
9	F Fritz	TBZ	6.02m	1.0	6.02(1.0); 5.56(-0.7); 5.99(0.3); 5.67(-0.1); 5.82(1.3); 5.69(0.6)
10	D Rhoda	SZ&FBZ	5.97m	-1.2	5.54(1.0); 5.97(-1.2); 5.83(-0.2)
11	Marvin Williams	SZ&FBZ	5.85m	-0.2	5.63(0.9); 5.66(-0.6); 5.85(-0.2)
12	C Bartus	SZ&FBZ	5.82m	-0.4	5.82(-0.4); x; 5.34(0.0)
13	Chaslin Miles	NZ	5.74m	-0.9	5.74(-0.9); 5.57(-0.8); 4.14(-0.4)
14	R Wilkenon	SZ&FBZ	5.67m	-1.1	x; 5.63(-0.7); 5.67(-1.1)
15	Showin Reynecke	SZ&FBZ	5.66m	-1.0	5.64(0.9); 5.66(-1.0); 5.51(1.7)

16	Bhoteke Mbombi	SZ&FBZ	5.63m	0.2	x; 5.53(-0.5); 5.63(0.2)
17	Luciana Ramara	SZ&FBZ	5.45m	-1.2	x; 5.45(-1.2); 5.28(-0.7)
18	Charlton Bruce	NZ	5.40m	-1.1	4.99(1.0); 5.40(-1.1); 5.33(2.0)
19	Ashton Diedericks	SZ&FBZ	5.31m	-0.1	5.31(-0.1); x; x
0	R Wyngaardt	NZ	DNS		
0	R Daniels	SZ&FBZ	DNS		
0	S Fritz	SZ&FBZ	DNS		
0	Grifit Arnold	SZ&FBZ	DNS		

Pole Vault	1	Neil Benade	NZ	3.90m	3.5:o; 3.6:o; 3.7:xxo; 3.8:o; 3.9:xxx
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GIRLS

2 March 2006

					Wind	Comment
Hammer	1	Elzaan Mostert	NZ	31.82m		x; 28.61; 28.58; 28.52; 31.82; 28.12
	2	Christina Lind	NZ	29.81m		x; 29.81; 27.76; x; x; x
	3	Marika Van Niekerk	NZ	23.15m		18.96; 20.46; x; 23.15; x; 22.01
	4	Suzane Van Niekerk	NZ	19.40m		17.70; 17..95; 17.94; 19.17; 15.46; 19.40
	0	Nica Hall	NZ	DNS		
	0	Kimberley Rhoode	NZ	DNS		
	0	Linda Basson	NZ	DNS		

3 March 2006

					Wind	Comment
100m Final	1	C Rietels	TBZ	12.73	-0.2	
	2	R Thomas	TBZ	13.04		
	3	Wilandi Schutz	NZ	13.11		
	4	Zainunesa Cyster	NZ	13.21		
	5	Rushieve Luiters	NZ	13.33		
	6	Danielle De Villiers	NZ	13.38		
	7	Ode Fulutudile	SZ&FBZ	13.58		
	8	Keziah Hardenberg	SZ&FBZ	13.64		
	0	L Lomborg	TBZ	DNS		
	0	Astralita Maritz	SZ&FBZ	DNS		
100m Heat 1	1	C Rietels	TBZ	12.4	nwr	
	2	Rushieve Luiters	NZ	12.7		
	3	Ode Fulutudile	SZ&FBZ	13.0		
	4	Danielle De Villiers	NZ	13.1		
	5	Astralita Maritz	SZ&FBZ	13.3		
	6	O Bathiswe	SZ&FBZ	13.5		
	7	Margareet Marais	NZ	13.6		
	0	Tercia Tremble	NZ	DNS		
100m Heat 2	1	Zainunesa Cyster	NZ	13.41	-1.0	
	2	Keziah Hardenberg	SZ&FBZ	13.61		
	3	G Samaa	SZ&FBZ	13.95		
	4	N Mtontsi	SZ&FBZ	13.99		
	5	N Vetezo	SZ&FBZ	15.43		

	0	Niyaad Hendricks	SZ&FBZ	DNS	
	0	K Julie	TBZ	DNS	
	0	L Booysen	TBZ	DNS	
100m Heat 3	1	R Thomas	TBZ	13.07	-0.4
	2	Wilandi Schutz	NZ	13.28	
	3	L Lomborg	TBZ	13.69	
	3	M Visagie	SZ&FBZ	13.77	
	5	K Bowman	SZ&FBZ	14.26	
	0	Kaylan Fish	SZ&FBZ	DNS	
	0	Chevonne Petersen	SZ&FBZ	DNS	
100mH Final	1	Jana Marnewick	NZ	16.43	-0.1
	2	San-Mari Grundlingh	NZ	16.82	
	3	Tammy Young	NZ	17.33	
	4	Candice Oliphant	NZ	17.76	
	5	N Bam	SZ&FBZ	19.14	
	6	D Jacobs	TBZ	19.22	
	7	S Nichols	SZ&FBZ	21.20	
	0	Sulaylah Osman	SZ&FBZ	DNS	
	0	Kaylin Davids	NZ	DNS	
100mH Heat 1	1	Tammy Young	NZ	17.06	2.9
	2	D Jacobs	TBZ	18.07	
	3	N Bam	SZ&FBZ	18.96	
	4	Kaylin Davids	NZ	19.46	
	0	Lara Smith	NZ	DNF	
	0	Valishia Januarie	SZ&FBZ	DNS	
	0	M Anelisa	TBZ	DNS	
	0	Nicole Hess	SZ&FBZ	DNS	
	0	Ingrid Smith	SZ&FBZ	DNS	
100mH Heat 2	1	Jana Marnewick	NZ	16.85	-1.7
	2	San-Mari Grundlingh	NZ	17.31	
	3	Candice Oliphant	NZ	17.43	
	4	Sulaylah Osman	SZ&FBZ	18.28	
	5	S Nichols	SZ&FBZ	20.85	
	0	Louise Heyns	SZ&FBZ	DNS	
	0	Melissa Mansoer	SZ&FBZ	DNS	
	0	N Thembakazi	TBZ	DNS	
1500m	1	Destiny Titus	NZ	4:51.81	
	2	Sharney Titus	NZ	4:56.91	
	3	Leanne Strydom	NZ	4:57.99	
	4	Nicole Conrad	NZ	5:01.88	
	5	A Mqhakayi	SZ&FBZ	5:06.65	
	6	L Madliwa	SZ&FBZ	5:09.84	
	7	Jolene Hoffman	NZ	5:11.32	
	8	P Mbombo		5:22.35	Not entered
	9	Nicole Mcnamara	SZ&FBZ	5:24.33	
	10	Nabeela Begg	SZ&FBZ	5:29.10	
	11	Henry-Hetta Hendricks	SZ&FBZ	5:31.56	
	12	B Besener	TBZ	5:58.89	

	13	N Theunis	TBZ	6:24.02	
	0	L Giyama	SZ&FBZ	DNF	
	0	Z Mtondana	SZ&FBZ	DNF	
	0	Shirley Mahlanga	SZ&FBZ	DNS	
	0	M Phelokazi	TBZ	DNS	
	0	Annika Almendro	NZ	DNS	
	0	M Hintza	TBZ	DNS	
	0	A Allies	TBZ	DNS	
	0	Vicki Tertiens	NZ	DNS	
	0	Lynette Adams	SZ&FBZ	DNS	
	0	Khulukazi Lupondo	SZ&FBZ	DNS	
400m Final	1	Chanelle Anderson	NZ	59.90	
	2	Anzeri Naude	NZ	60.11	
	3	Terry Cozette	SZ&FBZ	60.54	
	4	Nadia Van Der Bank	NZ	62.72	
	5	Tanya Louw	NZ	62.96	
	6	X Ndlubabalo	TBZ	67.80	
	7	L Croy	TBZ	71.40	
	0	L Lomborg	TBZ	DNS	
400m Heat 1	1	Chanelle Anderson	NZ	60.22	
	2	Terry Cozette	SZ&FBZ	62.15	
	3	Tanya Louw	NZ	63.76	
	4	Cindy-Lee Meyer	SZ&FBZ	71.71	
	5	Lynette Adams	SZ&FBZ	73.38	
	0	N Mkiqikana	SZ&FBZ	DNS	
	0	Cashey Manuel	NZ	DNS	
	0	A Ndzombane	SZ&FBZ	DNS	
400m Heat 2	1	Nadia Van Der Bank	NZ	64.35	
	2	L Lomborg	TBZ	67.05	
	3	Alicia Steyn	TYG-NLK	67.75	
	4	Anthea Phiri	SZ&FBZ	69.32	
	5	Tertia Frieslaar	SZ&FBZ	69.32	
	6	F Rakiep	TBZ	78.38	
	0	E Stevenson	SZ&FBZ	DNS	
	0	A Mphambuka	SZ&FBZ	DNS	
400m Heat 3	1	Anzeri Naude	NZ	61.27	
	2	L Croy	TBZ	66.13	
	3	X Ndlubabalo	TBZ	66.60	
	4	Lucia Lewis	NZ	69.90	
	0	J Stuurman	SZ&FBZ	DNS	
	0	Ingrid Smith	SZ&FBZ	DNS	
	0	T Myenbeki	SZ&FBZ	DNS	
Javelin	1	Krishca Du Toit	NZ	27.51m	22.17; 25.93; 27.18; 26.06; 27.49; 27.51
	2	Melissa Mansoer	SZ&FBZ	26.83m	24.76; 23.79; 26.83; x; x; x
	3	Zaida Van Harte	SZ&FBZ	26.79m	25.33; 26.79; 23.50; 25.12; 25.96; 25.82

	4	Ophelia Lakay	NZ	26.73m	26.73; 24.91; 21.00; 25.64; 24.64; 26.73
	5	Anina Botha	NZ	26.57m	25.53; 26.52; 23.02; 24.44; 26.57; 25.46
	6	S Felix	TBZ	23.97m	22.43; 23.97; 21.27; 23.43; 17.82; x
	7	Liziwe Sohuma	SZ&FBZ	23.60m	22.57; 21.92; 21.58; 23.60; 22.78; 20.68
	8	A Jenecke	SZ&FBZ	21.28m	20.90; x; 21.28; 18.39; 20.48; 18.99
	9	N Wessels	SZ&FBZ	19.87m	x; x; 19.87
	10	N Mcmillan	TBZ	19.46m	18.81; 19.46; 18.06
	11	B Besener	TBZ	19.40m	19.40; x; x
	12	Pamella Pupuma	SZ&FBZ	19.19m	16.45; 15.06; 19.19
	13	Kim Lategan	SZ&FBZ	19.14m	x; 19.14; 18.20
	14	A Clarke	SZ&FBZ	13.85m	x; x; 13.85
	0	Nathalia Rodney	SZ&FBZ	DNS	
	0	Tasneem Simons	SZ&FBZ	DNS	
	0	Tashne Arendse	NZ	DNS	
	0	Jacqueline Barths	NZ	DNS	
	0	T Matroos	TBZ	DNS	
	0	Chernay V/D Westhuizen	SZ&FBZ	DNS	
	0	Tatum Grootboom	NZ	DNS	
	0	T Davids	TBZ	DNS	
	0	C Bogacia	SZ&FBZ	DNS	
	0	P Somphali	SZ&FBZ	DNS	
Shot Put	1	Elzaan Mostert	NZ	12.09m	11.72; 11.48; 12.09; 11.74; 11.67; 11.09
	2	Amea Beck	NZ	10.33m	10.33; 9.13; 9.79; 9.50; 9.99; 9.87
	3	Sheree Smuts	NZ	9.60m	9.47; 9.17; 9.04; 9.60; 9.40; x
	4	Heila Ungerer	NZ	9.45m	8.05; 8.04; 8.91; 9.39; 9.37; 9.45
	5	Erika Marais	NZ	8.61m	x; 8.26; x; 8.61; x; x
	6	Clementine Carolus	NZ	8.48m	7.49; 8.42; 8.48; 8.39; 7.93; 8.35
	7	Marnelle Human	BAK	8.44m	x; 8.44; 7.39; 7.59; 8.09; 7.80
	8	Liziwe Sohuma	SZ&FBZ	8.26m	7.62; 7.75; 8.26; 8.31; 8.02; 8.08
	9	T Mostert	SZ&FBZ	8.15m	7.84; 8.15; 8.13
	10	Muneera Simson	SZ&FBZ	7.96m	6.83; 7.96; 7.59
	11	Chana Keet	SZ&FBZ	7.90m	x; 7.90; 7.87
	12	P Godo	TBZ	7.88m	7.88; 7.85; 7.88
	13	S Pluke	TBZ	7.21m	7.21; 6.94; 6.85
	14	G Van Wyk	TBZ	7.02m	x; 7.02; x
	15	Ode Fulutudile	SZ&FBZ	6.99m	x; 6.71; 6.99
	16	Marcia Daniels	SZ&FBZ	6.84m	6.84; 6.80; 6.51
	17	S Van Der Poll	SZ&FBZ	6.62m	x; 6.24; 6.62
	18	S Petersen	TBZ	6.49m	6.49; 6.43; 6.24
	19	B Cottle	SZ&FBZ	5.51m	x; 5.51; x
	0	C Bogacia	SZ&FBZ	DNS	
	0	S Jumat	SZ&FBZ	DNS	
	0	A Sokupha	SZ&FBZ	ND	-; -; x
	0	Marcia De Bruyn	SZ&FBZ	DNS	
Triple Jump	1	Raeesa Kamalie	SZ&FBZ	10.25m	10.25(1.2); 10.21(1.9); 9.93(-0.4); 9.75(0.2); 9.95(0.9); 10.07(0.4)
	2	Tasneem Claasen	SZ&FBZ	10.01m	x; x; 9.25(1.2); x; 9.77(-0.6); 10.01(1.0)
	3	Tertia Frieslaar	SZ&FBZ	9.58m	9.58(-1.8); 9.38(1.1); x; 9.42(0.3); x; 9.37(-0.5)
	4	Nica Hall	NZ	9.42m	x; 9.42(1.7); x; x; x; x

5	Stephanie Baley	NZ	9.39m	9.39(2.1); 9.35(-0.5); x; 9.17(0.2); x; x
0	T Claassen	SZ&FBZ	DNS	
0	Chevon Dixon	BAK	DNS	
0	I Brown	TBZ	ND	x; x; -
0	T Felix	TBZ	ND	x; x; -
0	Nirian Titus	SZ&FBZ	ND	x; x; x
0	Z Govuza	SZ&FBZ	DNS	
0	Roshiel Booyesen	SZ&FBZ	ND	x; x; x
0	Suzette Du Plessis	NZ	DNS	

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				Wind	Comment
200m Final	1	C Rietels	TBZ	25.25	1.9
	2	Terry Cozette	SZ&FBZ	25.77	
	3	Zainunesa Cyster	NZ	26.43	
	4	R Thomas	TBZ	26.65	
	5	Wilandi Schutz	NZ	26.70	
	6	Danielle De Villiers	NZ	27.49	
	7	L Lombard	TBZ	27.67	
	8	M Visagie	SZ&FBZ	27.98	
200m Heat 1	1	Zainunesa Cyster	NZ	27.00	0.3
	2	Wilandi Schutz	NZ	27.40	
	3	Rushieve Luiters	NZ	27.72	
	4	Astralita Maritz	SZ&FBZ	28.05	
	5	Keziah Hardenberg	SZ&FBZ	28.23	
	6	K Bowman	SZ&FBZ	32.40	
	0	Margareet Marais	NZ	DNS	
	0	P Blou	SZ&FBZ	DNS	
200m Heat 2	1	Terry Cozette	SZ&FBZ	25.54	0.0
	2	R Thomas	TBZ	26.83	
	3	L Lombard	TBZ	27.47	
	4	M Visagie	SZ&FBZ	27.59	
	5	Alicia Steyn	NZ	28.07	
	7	Anthea Phiri	SZ&FBZ	29.15	
	8	Tertia Sisas	SZ&FBZ	30.15	
	0	G Samaa	SZ&FBZ	DNS	
200m Heat 3	1	C Rietels	TBZ	25.43	-0.6
	2	Danielle De Villiers	NZ	27.70	
	3	L Croy	TBZ	28.20	
	4	N Mtontsi	SZ&FBZ	28.79	
	5	S Van Der Poll	SZ&FBZ	31.36	
	0	Miriam Chlupke	SZ&FBZ	DNS	
	0	Chevonne Petersen	SZ&FBZ	DNS	
	3000m	1	Destiny Titus	NZ	10:19.33
2		Jolene Hoffman	NZ	10:47.31	
3		Linda Hanekom	NZ	11:00.73	
4		Sharney Titus	NZ	11:02.92	
5		C Slack	TBZ	11:03.15	

	6	S Magele	TBZ	11:05.38
	7	Nicole Conrad	NZ	11:07.89
	8	M Phelokazi	TBZ	11:57.29
	9	Shirley Mahlangu	SZ&FBZ	12:35.40
	10	Megan Cameron	SZ&FBZ	13:08.95
	11	Unathi Mgolambani	SZ&FBZ	13:15.86
	12	J Bosman	SZ&FBZ	13:22.86
	0	Khulukazi Lupondo	SZ&FBZ	DNS
	0	Jasmine Daniels	NZ	DNS
	0	B Goxwenai	SZ&FBZ	DNS
	0	A Mqhakayi	SZ&FBZ	DNF
	0	Celeste Peters	SZ&FBZ	DNS
	0	T Gamba	TBZ	DNF
	0	Chevon Davids	SZ&FBZ	DNS
	0	J Isaacs	SZ&FBZ	DNF
	0	H Ntsendwana	SZ&FBZ	DNS
	0	J Claasen	SZ&FBZ	DNS
400mH	1	Jana Marnewick	NZ	68.60
	2	Tanya Louw	NZ	68.85
	3	Nadia Van Der Bank	NZ	71.05
	4	Lara Smith	NZ	75.50
	5	Heike Esterhuizen	NZ	75.68
5000 Walk	1	Anandi Coetzee	NZ	29:35.04
	2	Chansuenel Marthinus	NZ	32:56.27
	3	Rene Jacobs	NZ	34:01.75
	4	Trustana Diegaardt	NZ	38:15.02
	5	Natalie Fourie	NZ	38:29.52
800m Final	1	Chanelle Anderson	NZ	2:14.55
	2	L Madliwa	SZ&FBZ	2:28.75
	3	Karin Steyn	NZ	2:31.13
	4	T Scott	TBZ	2:31.56
	5	Merencia Carelse	NZ	2:34.37
	6	Nicole McNamara	SZ&FBZ	2:35.60
	7	Andrea Pretorius	NZ	2:36.21
	0	Anzeri Naude	NZ	DNF
800m Heat 1	1	Chanelle Anderson	NZ	2:26.87
	2	T Scott	TBZ	2:31.88
	3	Nicole Mcnamara	SZ&FBZ	2:34.09
	4	M Phelokazi	TBZ	2:39.22
	0	Wendy Xexethwane	SZ&FBZ	DNS
	0	Henry-Hetta Hendricks	SZ&FBZ	DNS
	0	Lynette Adams	SZ&FBZ	DNS
	0	A Somchiza	SZ&FBZ	DNS
800m Heat 2	1	Karin Steyn	NZ	2:34.88
	2	L Madliwa	SZ&FBZ	2:35.21

	3	Merencia Carelse	NZ	2:36.93	
	4	F Jenson	TBZ	2:38.20	
	5	Chevon Sylvestor	SZ&FBZ	2:51.14	
	0	K Zeppel	TBZ	DNS	
	0	M Molo	SZ&FBZ	DNS	
800m Heat 3	1	Anzeri Naude	NZ	2:33.08	
	2	Andrea Pretorius	NZ	2:36.94	
	3	N Sangiki	SZ&FBZ	2:44.84	
	4	M Van Graan	SZ&FBZ	2:56.58	
	0	N Ndarala	SZ&FBZ	DNS	
	0	Jasmine Daniels	NZ	DNS	
	0	Nabeela Begg	SZ&FBZ	DNS	
Discus	1	Amea Beck	NZ	38.86m	x; 38.86; x; 38.24; x; x
	2	Elzaan Mostert	NZ	31.58m	x; x; 22.89; 31.58; 30.24; x
	3	Varity Windvogel	NZ	27.76m	23.16; 23.73; 27.76; 24.70; 23.01; 23.11
	4	Heila Ungerer	NZ	26.70m	25.58; x; x; 26.70; 25.55; 26.22
	5	Andri Van Der Merwe	NZ	26.21m	22.24; 25.44; 25.14; 22.75; 21.56; 26.21
	6	K Gardener	SZ&FBZ	23.57m	21.95; 23.57; 16.60; 19.19; 20.11; x
	7	T Mostert	SZ&FBZ	22.86m	-; x; 21.68; 22.86; 21.51; 22.31
	8	Shona Louw	SZ&FBZ	22.83m	21.52; 18.97; 19.49; 22.44; 22.83; 21.26
	9	S Pluke	TBZ	19.76m	19.76; 18.19; 18.59
	10	Quin Fredericks	NZ	19.31m	15.15; x; 19.31
	11	L Alfestus	SZ&FBZ	18.66m	18.66; 12.56; 18.24
	12	Lizwe Sohuma	SZ&FBZ	18.40m	17.40; 17.73; 18.40
	13	S Valentyn	TBZ	18.23m	16.59; x; 18.23
	14	L Josias	TBZ	17.01m	14.77; 17.01; x
	15	N Bailey	SZ&FBZ	16.99m	16.99; 12.79; x
	0	B Davids	SZ&FBZ	DNS	
	0	W Wepenaar	TBZ	DNS	
	0	C Fortune	SZ&FBZ	DNS	
	0	Dawina Christians	SZ&FBZ	DNS	
	0	Sabrina Van Der Merwe	SZ&FBZ	DNS	
	0	Chernay V/D Westhuizen	SZ&FBZ	DNS	
	0	Chana Mitchell	SZ&FBZ	DNS	
	0	Muneera Simson	SZ&FBZ	DNS	
High Jump	1	Linda Basson	NZ	1.55m	1.45:o; 1.5:o; 1.55:o; 1.6:xxx
	2	Shanaaz Rabin	SZ&FBZ	1.55m	1.4:xo; 1.45:o; 1.5:o; 1.55:xo; 1.6:xxx
	3	Nica Hall	NZ	1.50m	1.4:o; 1.45:o; 1.5:o; 1.55xxx
	4	L Williams	TBZ	1.50m	1.4:o; 1.45:xo; 1.5:o; 1.55xxx
	5	Bronwynne Brown	NZ	1.50m	1.45:o; 1.5:xo; 1.55:xxx
	6	Christel Hildebrandt	NZ	1.45m	1.45:o; 1.5:xxx
	7	Z Mzamo	TBZ	1.45m	1.4:xxo; 1.45:o; 1.5:xxx
	8	Lezaan Witbooi	SZ&FBZ	1.40m	1.4:o; 1.45:xxx
	9	A Swartz	SZ&FBZ	1.40m	1.4:xo; 1.45:xxx
	10	Shenaam Moses	SZ&FBZ	1.40m	1.4:xxo; 1.45:xxx
	10	Kimberley Rhooode	NZ	1.40m	1.4:xxo; 1.45:xxx
	0	T Claassen	SZ&FBZ	NH	1:4.xxx

	0	Ingrid Smith	SZ&FBZ	DNS		
	0	E Abrahams	TBZ	DNS		
	0	Roshan Carr	SZ&FBZ	DNS		
	0	Warda Anthony	SZ&FBZ	DNS		
	0	H Cogill	TBZ	DNS		
	0	S Thomas	SZ&FBZ	DNS		
Long Jump	1	Terry Cozette	SZ&FBZ	5.19m	1.1	4.81(-0.3); 5.18(0.2); 5.10(-0.7); 5.19(1.1); 5.16(-2.6); 5.18(-1.3)
	2	Rushieve Luiters	NZ	5.00m	-1.7	x; 5.00(-1.7); 4.94(-1.0); 4.99(-0.5); 4.34(-1.2); 4.68(-1.2)
	3	Kathleen Sampson	NZ	4.92m	-1.3	4.92(-1.3); 4.79(-1.6); x; 4.86(2.0); 4.53(-0.8); 4.87(0.3)
	4	Anzerie Naude	SZ&FBZ	4.87m	0.5	4.22(-3.2); 4.55(-1.8); 4.63(-1.4); 4.87(0.5); x; x
	5	R Thomas	TBZ	4.71m	-1.8	4.37(-2.4); 4.67(-0.8); 4.56(-1.0); 4.50(1.8); 4.71(-1.8); 4.58(-0.1)
	6	Erin Human	SZ&FBZ	4.64m	-2.5	4.39(-2.5); 4.42(-0.7); 4.64(-2.5); 4.55(-0.3); 4.40(-0.6); 4.56(-0.3)
	7	Candice Oliphant	NZ	4.62m	-3.5	4.62(-3.5); 4.50(-1.8); 4.47(-0.9); 4.61(0.3); 4.34(0.0); 4.42(1.0)
	8	Aneen Claassen	NZ	4.60m	-0.7	4.48(-3.6); 4.53(-0.8); 4.60(-0.7); 4.40(-0.4); 4.60(1.9); 4.35(0.2)
	9	R Poole	TBZ	4.43m	-1.4	x; 4.15(-1.2); 4.43(-1.4)
	10	Y Erasmus	SZ&FBZ	4.33m	-1.1	4.33(-1.1); 4.18(-1.2); 4.21(-2.5)
	11	L Booysen	TBZ	4.24m	-2.3	x; 4.24(-2.3); 3.95(-1.9)
	12	Tasneem Claasen	SZ&FBZ	4.22m	-1.4	4.22(-1.4); 3.95(0.3); 3.89(-0.6)
	13	Chevon Dixon	BAK	4.21m	-0.9	4.21(-0.9); 4.09(-1.1); 4.11(0.2)
	14	Raeesa Kamalie	SZ&FBZ	4.02m	-0.9	x; 3.83(-2.0); 4.02(-0.9)
	15	L Fortune	SZ&FBZ	3.85m	-1.8	3.60(-1.8); x; 3.85(-0.6)
	16	M Braaf	SZ&FBZ	3.66m	-2.3	3.66(-2.3); x; 3.15(-0.9)
	0	Laverne Petersen	SZ&FBZ	DNS		
	0	K Julie	TBZ	DNS		
	0	D Jacobs	SZ&FBZ	DNS		
	0	Suzette Du Plessis	NZ	DNS		
	0	L Daniels	SZ&FBZ	DNS		
	0	N Hendricks	SZ&FBZ	DNS		
	0	S Lee	SZ&FBZ	DNS		
	0	Andrea Petersen	SZ&FBZ	DNS		
Pole Vault	1	Mandi Venter	NZ	2.80m		2.6:o; 2.8:xo; 3:xxx