

CAA SOUTHERN REGION YOUTH CHAMPIONSHIP - 5/28/2011 to 5/29/2011
SOUTHERN REGION YOUTH CHAMPS
5/28/2011 to 5/29/2011
Results

Women 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Van Der Merwe, Phillipa	17	South Africa		11.82q	0.9	1
2 Hechter, Liezl	17	South Africa		12.17q	0.9	1
3 Molapisi, Ontiretse	16	Botswana		12.71q	0.9	1
4 Geza, Buhle Tangu	16	Zimbabwe		12.72q	2.5	2
5 Schickerling, Jessica	17	Namibia		12.77q	0.9	1
6 Gondora, Kudzaishe	17	Zimbabwe		12.78q	2.5	2
7 Mpeo, Gosego	15	Botswana		12.89q	2.5	2
8 !noreses, Lena	17	Namibia		12.94q	0.9	1
9 Malbrook, Jana	16	Seychelles		13.05	0.9	1
10 Mavuso, Brenda	16	Swaziland		13.41	2.5	2
-- Mafuca, Gracinda	17	Mozambique		DQ	2.5	2
-- Naobes, Daphny	16	Namibia		DQ	2.5	2

Women 100 Meter Dash

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 Van Der Merwe, Phillipa	17	South Africa	11.82	11.82	1.6	10
2 Hechter, Liezl	17	South Africa	12.17	12.00	1.6	8
3 Molapisi, Ontiretse	16	Botswana	12.71	12.57	1.6	6
4 Geza, Buhle Tangu	16	Zimbabwe	12.72	12.70	1.6	5
5 !noreses, Lena	17	Namibia	12.94	12.72	1.6	4
6 Schickerling, Jessica	17	Namibia	12.77	12.73	1.6	3
7 Mpeo, Gosego	15	Botswana	12.89	12.81	1.6	2
8 Gondora, Kudzaishe	17	Zimbabwe	12.78	12.86	1.6	1

Women 200 Meter Dash

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Van Der Merwe, Phillipa	17	South Africa		24.11q	2.2	1
2 Welsch, Stacey	17	South Africa		25.36q	1.6	3
3 Mpeo, Gosego	15	Botswana		26.23q	1.2	2
4 Seeliger, Janet	16	South Africa		24.95q	2.2	1
5 Geza, Buhle Tangu	16	Zimbabwe		25.87q	1.6	3
6 Chitsa, Kudzai	15	Zimbabwe		26.59q	1.2	2
7 Molapisi, Ontiretse	16	Botswana		26.04q	2.2	1
8 Makaya, Cathrine	16	Zimbabwe		26.22q	1.6	3
9 Nkomo, Siphankosi	17	Zimbabwe		26.33	2.2	1
10 Schickerling, Jessica	17	Namibia		26.45	1.6	3
11 Walder, Daniela	15	Namibia		26.77	1.2	2
12 !noreses, Lena	17	Namibia		26.87	1.2	2
13 Matlaeng, Mamoqenehela	16	Lesotho		26.97	1.6	3
14 Masango, Veronica	15	Swaziland		27.39	2.2	1
15 Mafuca, Gracinda	17	Mozambique		27.56	2.2	1
16 Malbrook, Jana	16	Seychelles		27.77	1.6	3
17 Phiri, Samukelisiwe	16	Swaziland		27.95	1.2	2
18 Mavuso, Brenda	16	Swaziland		28.43	1.2	2
19 Marie, Jessica Isabelle	16	Mauritius		30.89	1.2	2

CAA SOUTHERN REGION YOUTH CHAMPIONSHIP - 5/28/2011 to 5/29/2011**SOUTHERN REGION YOUTH CHAMPS****5/28/2011 to 5/29/2011****Results****Women 200 Meter Dash**

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 Van Der Merwe, Phillipa	17	South Africa	24.11	24.32	1.7	10
2 Seeliger, Janet	16	South Africa	24.95	24.99	1.7	8
3 Welsch, Stacey	17	South Africa	25.36	25.08	1.7	6
4 Geza, Buhle Tangu	16	Zimbabwe	25.87	25.84	1.7	5
5 Molapisi, Ontiretse	16	Botswana	26.04	25.89	1.7	4
6 Mpeo, Gosego	15	Botswana	26.23	26.15	1.7	3
7 Chitsa, Kudzai	15	Zimbabwe	26.59	26.29	1.7	2
-- Makaya, Cathrine	16	Zimbabwe	26.22	DQ	1.7	

Women 400 Meter Dash

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Botlogetswe, Christine	16	Botswana		55.59Q	2
2 Neuhooff, Izelle	17	South Africa		56.30Q	1
3 Wolhuter, Mareike	17	South Africa		57.57Q	2
4 Nguasena, Nomsa	16	Botswana		59.34Q	1
5 Wicksell, Stephanie	17	South Africa		57.68Q	2
6 Masango, Veronica	15	Swaziland		61.66Q	1
7 Ndemwiimba, Ruusa	17	Namibia		60.28q	2
8 Van Der Walt, Leandri	17	Namibia		60.36q	2
9 Almaze, Ezra	15	Seychelles		60.42	2
10 Phiri, Samukelisiwe	16	Swaziland		62.48	1
11 Matlaeng, Mamoqenehela	16	Lesotho		65.55	1
12 Capoco, Libania Maria	17	Angola		66.96	2
13 Huber, Nxagha Edith	17	Namibia		76.31	1

Women 400 Meter Dash

Name	Age	Team	Prelims	Finals	Points
Finals					
1 Neuhooff, Izelle	17	South Africa	56.30	54.21	10
2 Botlogetswe, Christine	16	Botswana	55.59	55.30	8
3 Wicksell, Stephanie	17	South Africa	57.68	55.81	6
4 Wolhuter, Mareike	17	South Africa	57.57	56.85	5
5 Nguasena, Nomsa	16	Botswana	59.34	59.39	4
6 Van Der Walt, Leandri	17	Namibia	60.36	61.88	3
7 Masango, Veronica	15	Swaziland	61.66	63.16	2
8 Ndemwiimba, Ruusa	17	Namibia	60.28	66.68	1

Women 800 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Makhafola, Thato	17	South Africa		2:14.29	10
2 Mamba, Nobuhle	17	Swaziland		2:19.66	8
3 Shiweda, Johanna	16	Namibia		2:21.71	6
4 Motlamorago, M Tlalogany	16	Botswana		2:23.60	5
5 Raburu, Rezinah	15	Botswana		2:28.63	4
6 Shangula, Rebekka	17	Namibia		2:29.58	3
7 Tchiaca, Domingas	16	Angola		2:29.61	2
8 Michel, Marie Rachel Jes	16	Mauritius		2:31.38	1

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9 Sehloho, Mamello	17 Lesotho	2:35.43
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Women 1500 Meter Run

Name	Age Team	Seed	Finals	Points
1 Makatisi, Mokulubete	16 Lesotho		4:39.56	10
2 Nghinaunge, Ndapandula	17 Namibia		4:46.37	8
3 Gaotlhobogwe, Makutliso	17 Botswana		4:48.17	6
4 Moyo, Sikhululekile	16 Zimbabwe		4:56.27	5
5 Mahloko, Malineo	16 Lesotho		4:58.20	4
6 Dlamini, Phumzile	16 Swaziland		5:01.86	3
7 Sehloho, Mamello	17 Lesotho		5:16.10	2
8 Michel, Marie Rachel Jes	16 Mauritius		5:16.57	1
9 Jafet, Heleni	17 Namibia		5:27.44	

Women 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 Galeitsiwe, Kefilwe	16 Botswana		9:54.66	10
2 Makatisi, Mokulubete	16 Lesotho		10:10.26	8
3 Nghinaunge, Ndapandula	17 Namibia		10:17.39	6
4 Shangula, Ndinela	17 Namibia		10:20.96	5
5 Shilongo, Shiivomwene	16 Namibia		10:31.04	4
6 Dlamini, Phumzile	16 Swaziland		11:02.32	3
7 Mahloko, Malineo	16 Lesotho		11:22.37	2
-- Capoco, Florinda Buta	17 Angola		DNF	

Women 100 Meter Hurdles

Name	Age Team	Seed	Finals	Wind	Points
1 Brits, Maryke	17 South Africa		13.95	2.3	10
2 Bodenstein, Shani	17 South Africa		14.13	2.3	8
3 Deysel, Jocelle	17 Namibia		16.04	2.3	6

Women 400 Meter Hurdles

Name	Age Team	Seed	Finals	Points
1 Neuhoff, Izelle	17 South Africa		60.24	10
2 Swanepoel, Marina	17 South Africa		64.30	8
3 Britz, Eileen	17 Namibia		68.09	6
4 Fumo, Denisia	17 Mozambique		70.56	5
5 Deysel, Jocelle	17 Namibia		72.22	4
6 De Klerk, Lisa-Marie	17 Namibia		75.64	3

Women 2000 Meter Steeplechase

Name	Age Team	Seed	Finals	Points
1 Shilongo, Shiivomwene	16 Namibia		7:13.77	10
2 Shangula, Ndinela	17 Namibia		7:23.82	8
3 Labuschagne, Alicia	16 South Africa		7:39.13	6

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....Women 2000 Meter Steeplechase

4 Labuschagne, Olivia	16 South Africa	7:41.25	5
-- Jafet, Heleni	17 Namibia	DNF	

Women 400 Sprint Medley

Team	Seed	Finals	Points
1 South Africa 'B'		2:13.60	10
2 South Africa 'A'		2:14.10	8
3 Botswana 'A'		2:16.58	6
4 Namibia 'A'		2:23.05	5
5 Zimbabwe 'A'		2:24.47	4
6 Swaziland 'A'		2:28.55	3

Women High Jump

Name	Age Team	Seed	Finals	Points
1 Beukes, Abrille 1.45 1.50 1.55 1.60 1.63 O XO O XO XXX	15 Namibia		1.60m	10
2 Mosweu, Ookeditse 1.45 1.50 1.55 1.60 XO XO XO XXX	17 Botswana		1.55m	8
3 Pretorius, Michelle 1.45 1.50 1.55 O XO XXX	17 Namibia		1.50m	6
4 Potgieter, Mijon 1.45 1.50 1.55 XO XXO XXX	17 Namibia		1.50m	5

Women Long Jump

Name	Age Team	Seed	Finals	Wind	Points
1 Seeliger, Janet FOUL(NWI) 5.71m(NWI) 5.68m(NWI) 5.78m(NWI) FOUL(NWI) 5.95m(NWI)	16 South Africa		5.95m	NWI	10
2 Brits, Maryke 5.57m(NWI) 5.47m(NWI) 5.64m(NWI) 5.61m(NWI) 5.92m(NWI) 5.50m(NWI)	17 South Africa		5.92m	NWI	8
3 Khutlo, Eunice 5.14m(NWI) 5.30m(NWI) 5.34m(NWI) 3.82m(NWI) 5.55m(NWI) 5.91m(NWI)	16 Botswana		5.91m	NWI	6
4 Sechele, Lerato 5.35m(NWI) 5.55m(NWI) FOUL(NWI) 5.00m(NWI) 5.16m(NWI) 5.24m(NWI)	17 Lesotho		5.55m	NWI	5
5 Majore, Chedza 4.30m(NWI) 5.83m(NWI) 5.19m(NWI) 4.82m(NWI) FOUL(NWI) 5.04m(NWI)	17 Botswana		5.19m	NWI	4
6 Pretorius, Michelle 5.00m(NWI) 4.40m(NWI) 5.11m(NWI) 4.95m(NWI) 4.50m(NWI) 5.02m(NWI)	17 Namibia		5.11m	NWI	3
7 Gwebu, Tabeth 4.52m(NWI) 4.67m(NWI) 4.59m(NWI) FOUL(NWI) 4.72m(NWI) 4.95m(NWI)	17 Zimbabwe		4.95m	NWI	2
8 Shiweda, Penny 4.53m(NWI) 4.60m(NWI) 4.80m(NWI) 4.90m(NWI) 4.89m(NWI) 4.81m(NWI)	17 Namibia		4.90m	NWI	1

CAA SOUTHERN REGION YOUTH CHAMPIONSHIP - 5/28/2011 to 5/29/2011**SOUTHERN REGION YOUTH CHAMPS****5/28/2011 to 5/29/2011****Results****Women Triple Jump**

Name	Age	Team	Seed	Finals	Wind	Points
1 Sechele, Lerato	17	Lesotho		12.48m	NWI	10
				11.41m(NWI) 11.72m(NWI) 12.12m(NWI) 12.48m(NWI) 12.20m(NWI) 12.35m(NWI)		
2 Makaya, Cathrine	16	Zimbabwe		12.02m	NWI	8
				FOUL(NWI) 11.36m(NWI) FOUL(NWI) 11.69m(NWI) 11.80m(NWI) 12.02m(NWI)		
3 Gwebu, Tabeth	17	Zimbabwe		11.16m	NWI	6
				10.54m(NWI) 10.51m(NWI) 10.55m(NWI) 11.16m(NWI) 10.27m(NWI) 11.16m(NWI)		
4 Otto, Drey-Andra	17	Namibia		10.20m	NWI	5
				10.10m(NWI) 10.06m(NWI) 10.20m(NWI) FOUL(NWI) 9.91m(NWI) 10.15m(NWI)		
5 Nekundi, Susana	17	Namibia		9.94m	NWI	4
				9.94m(NWI) 9.75m(NWI) 9.78m(NWI) FOUL(NWI) 9.78m(NWI) 9.23m(NWI)		

Women Shot Put

Name	Age	Team	Seed	Finals	Points
1 Meyer, Cecile	17	South Africa		13.38m	10
				12.49m 13.13m 13.20m 13.38m 12.45m 12.55m	
2 Jordaan, Lezaan	16	South Africa		13.22m	8
				12.11m 13.06m 13.22m 12.53m 11.48m 13.08m	
3 Smit, Cornette	17	Namibia		11.46m	6
				11.30m 11.38m 11.35m 11.21m 11.46m 11.01m	
4 Witmann, Suné	16	Namibia		11.13m	5
				10.74m 10.99m 11.13m 11.11m 10.74m 10.19m	
5 Khune, Suné	17	Namibia		8.95m	4
				ND 7.98m 8.58m 8.95m 8.36m 8.89m	

Women Discus Throw

Name	Age	Team	Seed	Finals	Points
1 Els, Somari	16	South Africa		44.09m	10
				42.00m 41.86m 39.57m 38.46m 40.73m 44.09m	
2 Jordaan, Lezaan	16	South Africa		38.70m	8
				34.35m 35.80m FOUL FOUL 38.70m FOUL	
3 Smit, Cornette	17	Namibia		33.32m	6
				FOUL FOUL 31.25m 25.20m 30.03m 33.32m	
4 Van Schalkwyk, Izaan	17	Namibia		31.50m	5
				31.50m 31.06m 26.03m FOUL 31.30m 29.73m	
5 Rose, Marie Helen	16	Seychelles		30.20m	4
				FOUL 28.16m FOUL 30.20m FOUL FOUL	

Women Javelin Throw

Name	Age	Team	Seed	Finals	Points
1 Witmann, Suné	16	Namibia		43.28m	10
				40.41m 41.69m 39.22m 37.80m 39.70m 43.28m	
2 Rose, Marie Helen	16	Seychelles		37.20m	8
				37.20m 31.78m 30.51m 31.59m FOUL 31.24m	
3 Mmolawa, Thatayaone	17	Botswana		37.11m	6
				31.98m 32.93m 33.22m FOUL 37.11m 36.00m	
4 Van Der Wath, Hanneke	17	Namibia		33.62m	5
				33.62m 31.96m 32.56m 29.29m 29.53m FOUL	
5 Groenewaldt, Lezaan	17	Namibia		30.98m	4
				26.38m 29.52m 27.98m 30.98m 30.34m 29.78m	

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6 Lefitile, Kenaope	17 Botswana	28.52m	3
26.46m 22.14m 23.96m 28.52m 27.52m 23.71m			

Men 100 Meter Dash

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Khumalo, Hendrick	17	South Africa		10.56q	2.0	1
2 Britz, Bradley	17	South Africa		10.85q	1.9	2
2 Petersen, Sergeal	17	South Africa		10.85q	2.0	1
4 Van Wyk, Adiel	17	Namibia		11.01q	2.0	1
5 Kauajo, Tjimbato	17	Namibia		11.03q	1.9	2
6 Titus, Shareave	16	Namibia		11.10q	2.0	1
7 Tafara, Hleruka	17	Zimbabwe		11.15q	2.0	1
8 Sihlongonyane, Siboniso	15	Swaziland		11.17q	2.0	1
9 Esparon, Jean Yves	17	Seychelles		11.22	1.9	2
10 Dlundlu, Mcebo	16	Swaziland		11.29	1.9	2
11 Mashaba, Louis	16	Swaziland		11.32	1.9	2
12 Charuka, Cliford	16	Zimbabwe		11.38	2.0	1
13 Finesse, Dayen	17	Seychelles		11.44	2.0	1
14 Machava, Creve	15	Mozambique		11.51	1.9	2
15 Choto, Shingirai	17	Zimbabwe		11.56	1.9	2
16 Sebifelo, Kutlo	16	Botswana		11.92	1.9	2

Men 100 Meter Dash

Name	Age	Team	Prelims	Finals	Wind	Points
Finals						
1 Khumalo, Hendrick	17	South Africa	10.56	10.55	1.0	10
2 Britz, Bradley	17	South Africa	10.85	10.62	1.0	8
3 Petersen, Sergeal	17	South Africa	10.85	10.82	1.0	6
4 Van Wyk, Adiel	17	Namibia	11.01	11.00	1.0	5
5 Kauajo, Tjimbato	17	Namibia	11.03	11.07	1.0	4
6 Titus, Shareave	16	Namibia	11.10	11.10	1.0	3
7 Tafara, Hleruka	17	Zimbabwe	11.15	11.20	1.0	2
8 Esparon, Jean Yves	17	Seychelles	11.22	11.27	1.0	1

Men 200 Meter Dash

Name	Age	Team	Seed	Prelims	Wind	H#
Preliminaries						
1 Khumalo, Hendrick	17	South Africa		21.25q	2.4	1
2 Mogokeng, Fana	17	South Africa		21.7hq	1.0	2
3 Kauajo, Tjimbato	17	Namibia		21.8hq	1.0	2
4 Titus, Shareave	16	Namibia		22.33q	2.4	1
5 Esparon, Jean Yves	17	Seychelles		22.0hq	1.0	2
6 Mashaba, Louis	16	Swaziland		22.53q	2.4	1
7 Charuka, Cliford	16	Zimbabwe		22.2hq	1.0	2
8 Sihlongonyane, Siboniso	15	Swaziland		22.4hq	1.0	2
9 Van Wyk, Keenan	16	Namibia		22.5h	1.0	2
10 Matsenjwa, Sibongakonkhe	17	Swaziland		22.70	2.4	1
11 Dlundlu, Mcebo	16	Swaziland		22.91	2.4	1

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....Men 200 Meter Dash

12 Choto, Shingirai	17 Zimbabwe	23.40	2.4	1
13 Sebifelo, Kutlo	16 Botswana	24.29	2.4	1

Men 200 Meter Dash

Name	Age Team	Prelims	Finals	Wind	Points
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Finals

1 Khumalo, Hendrick	17 South Africa	21.25	21.30	1.0	10
2 Mogokeng, Fana	17 South Africa	21.7h	21.84	1.0	7
2 Kauajo, Tjimbato	17 Namibia	21.8h	21.84	1.0	7
4 Mashaba, Louis	16 Swaziland	22.53	22.24	1.0	5
-- Sihlongonyane, Siboniso	15 Swaziland	22.4h	NT	1.0	
-- Charuka, Clifford	16 Zimbabwe	22.2h	NT	1.0	
-- Titus, Shareave	16 Namibia	22.33	NT	1.0	
-- Esparon, Jean Yves	17 Seychelles	22.0h	NT	1.0	

Men 400 Meter Dash

Name	Age Team	Seed	Prelims	H#
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Preliminaries

1 Conradie, Pieter	17 South Africa		48.62Q	2
2 Büttner, Marco	16 Namibia		50.40Q	1
3 Adamas, Lorenzo	17 South Africa		48.79Q	2
4 Cossa, Celso	17 Mozambique		50.47Q	1
5 Matsenjwa, Sibongakonkhe	17 Swaziland		49.68Q	2
6 Shimanda, Sem	17 Namibia		51.17Q	1
7 Molatlhegi, Lesley	17 Botswana		50.13q	2
8 Keninakgabo, Tlotlo	16 Botswana		50.49q	2
9 Swart, Luciano Steward	17 Namibia		51.40	1
10 Jani, Job	17 Zimbabwe		52.15	1
11 Gwikwi, Tinotenda	15 Zimbabwe		55.11	2
12 Crea, Jadel	17 Seychelles		57.13	1

Men 400 Meter Dash

Name	Age Team	Prelims	Finals	Points
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Finals

1 Conradie, Pieter	17 South Africa	48.62	47.39	10
2 Adamas, Lorenzo	17 South Africa	48.79	47.41	8
3 Matsenjwa, Sibongakonkhe	17 Swaziland	49.68	49.02	6
4 Molatlhegi, Lesley	17 Botswana	50.13	49.39	5
5 Keninakgabo, Tlotlo	16 Botswana	50.49	50.46	4
6 Shimanda, Sem	17 Namibia	51.17	52.56	3
-- Büttner, Marco	16 Namibia	50.40	DQ	

Men 800 Meter Run

Name	Age Team	Seed	Finals	Points
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1 Amos, Nigel	17 Botswana		1:54.10	10
2 Nyimbili, Cephas	17 Zambia		1:54.77	8

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3	Mosunyane, Lerato	17	South Africa	1:55.97	6
4	Tefo, Siphwiwe	16	South Africa	1:56.67	5
5	Tshabangu, Tenysen	16	Zimbabwe	2:00.94	4
6	Chinyadza, Tamuka	16	Zimbabwe	2:02.90	3
7	Amupolo, Herman	17	Namibia	2:07.69	2
8	Harriba, Kevin	15	Seychelles	2:12.42	1
9	Ndulumba, Aron	17	Namibia	2:17.17	

Men 1500 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Amos, Nigel	17	Botswana		4:00.65	10
2 Monnatlala, Thumisang	16	South Africa		4:01.05	8
3 Tefo, Siphwiwe	16	South Africa		4:01.86	6
4 Nyimbili, Cephas	17	Zambia		4:01.97	5
5 Makhale, Maseli	16	Lesotho		4:09.32	4
6 Sifundza, Lucky	15	Swaziland		4:10.59	3
7 Tshabangu, Tenysen	16	Zimbabwe		4:23.43	2
8 Tsiloane, Retselisitso	17	Lesotho		4:31.88	1
9 Simao, Matias Manuel	16	Angola		4:35.36	
10 Harriba, Kevin	15	Seychelles		4:47.25	
11 Shongoro, Shirion	17	Namibia		4:51.49	
12 Goliath, Elgrado	17	Namibia		4:59.77	

Men 3000 Meter Run

Name	Age	Team	Seed	Finals	Points
1 Mulenga, Harry	17	Zambia		8:48.11	10
2 Makhale, Maseli	16	Lesotho		9:05.08	8
3 Shama, Raymond	17	Zimbabwe		9:08.10	6
4 Sifundza, Lucky	15	Swaziland		9:19.06	5
5 Simao, Matias Manuel	16	Angola		9:38.56	4
6 Tsiloane, Retselisitso	17	Lesotho		10:10.99	3
-- Amupolo, Herman	17	Namibia		DNF	

Men 110 Meter Hurdles

Name	Age	Team	Seed	Finals	Wind	Points
1 Van Der Merwe, Andries	17	South Africa		13.39	1.6	10
2 Smit, Tiaan	16	South Africa		13.41	1.6	8
3 Muswazi, Anesu	16	Zimbabwe		15.69	1.6	6
4 Haitula, Job	16	Namibia		15.72	1.6	5
5 Machava, Creve	15	Mozambique		15.80	1.6	4
6 Malan, Elandre	17	Namibia		15.95	1.6	3
7 Mjungwa, Tonderai	17	Zimbabwe		16.70	1.6	2

Men 400 Meter Hurdles

Name	Age	Team	Seed	Finals	Points
1 Pretorius, Constant	17	South Africa		52.34	10
2 Mouton, Tiaan	17	South Africa		52.87	8

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....Men 400 Meter Hurdles

3	Burger, Walter	17	Namibia	56.25	6
4	Jani, Job	17	Zimbabwe	56.62	5
5	Du Plooy, AJ	16	Namibia	60.22	4
6	Van Staden, Frans	17	Namibia	60.46	3

Men 2000 Meter Steeplechase

Name	Age	Team	Seed	Finals	Points
1 Dyoyi, Katleo	17	South Africa		6:15.71	10
2 Tseko, Jacob	17	South Africa		6:29.99	8
3 Ndulumba, Aron	17	Namibia		7:18.01	6

Men 400 Sprint Medley

Team	Seed	Finals	Points
1 South Africa 'A'		1:54.92	10
2 Botswana 'A'		1:56.74	8
3 Swaziland 'A'		1:56.99	6
4 Namibia 'A'		1:57.21	5

Men High Jump

Name	Age	Team	Seed	Finals	Points
1 Van Schalkwyk, Willem	17	South Africa		1.99m	10
1.65 1.70 1.75 1.80 1.83 1.86 1.89 1.91 1.93 1.95 1.97 1.99 2.01 2.03					
P P P P O P O P XO P O O P XXX					
2 Prinsloo, Brandon	17	South Africa		1.99m	8
1.65 1.70 1.75 1.80 1.83 1.86 1.89 1.91 1.93 1.95 1.97 1.99 2.01 2.03					
P P P P XO P O P XO P O O P XXX					
3 Muchichwa, Takudzwa	16	Zimbabwe		1.97m	6
1.65 1.70 1.75 1.80 1.83 1.86 1.89 1.91 1.93 1.95 1.97 1.99					
P P O P O P XXO P XXO XO XO XXX					
4 Pieters, Rudi	17	Namibia		1.89m	5
1.65 1.70 1.75 1.80 1.83 1.86 1.89 1.91					
P O XO XO O XXO O XXX					
-- Souris, Stephen	15	Seychelles		NH	
1.65					
XXX					

Men Long Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Boer, Duwayne	16	South Africa		7.23m	2.5	10
6.90m(+0.0) 7.10m(1.1) 7.12m(0.7) PASS(0.6) 6.93m(+0.0) 7.23m(2.5)						
2 Touche, Sebastien	17	Mauritius		7.06m	0.6	8
FOUL(1.5) 7.06m(0.6) FOUL(1.7) 7.02m(+0.0) 6.99m(0.9) FOUL(2.3)						
3 Tatenda, Shumba	17	Zimbabwe		6.97m	2.2	6
6.63m(1.5) PASS(0.9) 6.66m(3.1) 6.97m(2.2) PASS(1.9) 6.93m(0.8)						
4 Pretorius, Constant	17	South Africa		6.86m	0.7	5
6.48m(0.8) 6.63m(1.0) 6.86m(0.7) PASS(NWI) PASS(NWI) PASS(NWI)						

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....Men Long Jump

5	Van Wyk, Adiel	17	Namibia		6.84m	0.6	4
				FOUL(1.3) FOUL(0.8) 6.52m(3.2) 6.27m(1.2) 6.64m(1.7) 6.84m(0.6)			
6	Cossa, Celso	17	Mozambique		6.73m	0.6	3
				FOUL(1.0) 6.73m(0.6) FOUL(1.9) 6.73m(1.8) FOUL(2.2) FOUL(2.3)			
7	Jeneke, Daniel	17	Namibia		6.61m	2.2	2
				6.27m(1.4) FOUL(1.8) 6.55m(1.8) PASS(1.2) 6.61m(2.2) 6.21m(2.6)			
8	Finesse, Dayen	17	Seychelles		6.15m	1.3	1
				FOUL(1.7) 5.92m(+0.0) 5.33m(1.7) FOUL(0.7) 6.15m(1.3) 5.56m(0.6)			

Men Triple Jump

Name	Age	Team	Seed	Finals	Wind	Points
1 Janki, Albert	17	South Africa		15.43m	NWI	10
				FOUL(NWI) 14.04m(NWI) 14.82m(NWI) 14.63m(NWI) 14.70m(NWI) 15.43m(NWI)		
2 Ndlovo, Sabelo	17	South Africa		14.80m	NWI	8
				14.72m(NWI) 14.80m(NWI) 14.43m(NWI) 14.40m(NWI) 14.50m(NWI) 14.75m(NWI)		
3 Tatenda, Shumba	17	Zimbabwe		14.73m	NWI	6
				14.15m(NWI) 13.86m(NWI) 14.53m(NWI) 11.94m(NWI) 14.68m(NWI) 14.73m(NWI)		
4 Van Rooi, Heinrich	17	Namibia		12.82m	NWI	5
				12.66m(NWI) 12.55m(NWI) 12.12m(NWI) 12.08m(NWI) FOUL(NWI) 12.82m(NWI)		
5 Du Plooy, AJ	16	Namibia		12.47m	NWI	4
				12.46m(NWI) 11.31m(NWI) 11.44m(NWI) FOUL(NWI) FOUL(NWI) 12.47m(NWI)		
6 Tsusab, Cyril	17	Namibia		12.21m	NWI	3
				FOUL(NWI) 12.21m(NWI) FOUL(NWI) 11.83m(NWI) 11.85m(NWI) FOUL(NWI)		

Men Shot Put

Name	Age	Team	Seed	Finals	Points
1 Combrink, Ruan	16	South Africa		19.32m	10
				FOUL 19.32m 18.97m 18.52m 18.78m 17.85m	
2 Kotze, Jan-Louw	17	South Africa		17.14m	8
				16.50m FOUL 16.32m 17.14m FOUL FOUL	
3 Lombard, Cornelius	17	South Africa		16.28m	6
				15.91m 15.11m 14.70m 15.80m 16.28m FOUL	
4 Visser, Divan	17	Namibia		15.52m	5
				14.45m 14.84m FOUL 12.99m 15.15m 15.52m	
5 Venter, Janco	17	Namibia		15.08m	4
				14.29m 14.43m 13.12m 14.06m 15.08m 14.42m	
6 Rademeyer, Wilhelm	15	Namibia		14.58m	3
				12.61m FOUL 13.17m 14.24m 14.58m FOUL	
7 William, Dean	16	Seychelles		13.99m	2
				13.99m 13.38m 13.89m 13.26m 12.95m 12.82m	
8 Severe, Luc Desiré Julia	16	Mauritius		11.92m	1
				10.48m 11.59m 11.22m FOUL 11.92m FOUL	

Men Discus Throw

Name	Age	Team	Seed	Finals	Points
1 Kotze, Jan-Louw	17	South Africa		64.79m	10
				60.80m ND 64.79m 59.98m 61.27m ND	
2 De Beer, Gerhard	17	South Africa		59.74m	8
				55.07m ND 58.75m 59.74m ND 56.95m	

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....Men Discus Throw

3	Blaauw, Wayne	17	Namibia				41.18m	6
	ND	31.38m	36.50m	41.18m	38.43m	37.39m		
4	Grobler, Jean-Pierre	17	Namibia				39.89m	5
		37.22m	ND	39.89m	ND	38.39m	33.24m	
5	Rademeyer, Wilhelm	15	Namibia				37.50m	4
	ND	ND	34.10m	ND	35.98m	37.50m		

Men Javelin Throw

=====											
Name	Age	Team	Seed	Finals	Points						
=====											
1	Moolman, Morné	17	South Africa		81.37m	10					
					81.37m		65.88m	FOUL	70.22m	FOUL	FOUL
2	Beukes, Stephen	17	Botswana		68.78m	8					
					FOUL		FOUL	68.78m	57.03m	64.40m	FOUL
3	Van Zyl, Reinhardt	17	South Africa		66.51m	6					
					62.08m		66.51m	59.22m	59.97m	64.81m	FOUL
4	Labuschagne, Christiaan	17	Namibia		56.78m	5					
					56.46m		56.78m	49.14m	45.28m	FOUL	FOUL
5	Severe, Luc Desiré Julia	16	Mauritius		56.25m	4					
					FOUL		53.72m	55.64m	FOUL	56.25m	FOUL
6	Wessels, Brendell	16	Namibia		53.13m	3					
					35.77m		52.58m	53.13m	52.68m	50.87m	51.81m
7	Visser, Divan	17	Namibia		51.86m	2					
					FOUL		51.86m	FOUL	FOUL	FOUL	
8	Mhlabane, Dumsane	16	Swaziland		50.95m	1					
					4.80m		50.95m	44.83m	FOUL	FOUL	FOUL
9	Gaamunorwa, Priviledge	17	Zimbabwe		46.41m						
					46.41m		38.74m	FOUL	FOUL	FOUL	FOUL

Women - Team Rankings - 16 Events Scored

1) SOUTH AFRICA	192	2) NAMIBIA	164
3) BOTSWANA	85	4) LESOTHO	41
5) ZIMBABWE	38	6) SWAZILAND	19
7) SEYCHELLES	12	8) MOZAMBIQUE	5
9) ANGOLA	2	9) MAURITIUS	2

Men - Team Rankings - 16 Events Scored

1) SOUTH AFRICA	257	2) NAMIBIA	116
3) ZIMBABWE	48	4) BOTSWANA	45
5) SWAZILAND	26	6) ZAMBIA	23
7) LESOTHO	16	8) MAURITIUS	13
9) MOZAMBIQUE	7	10) SEYCHELLES	5
11) ANGOLA	4		